



WHERE SHOULD I GO FOR CARE?

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When you or your family need care, consider these guidelines for choosing where to receive care.

*This information is not intended to replace the advice of a physician. Check your health plan for specific coverage details.



1
Select Appropriate Type of Provider



2
Select Proper Place of Service



3
Select Higher Quality, Lower Cost Provider



<Telemedicine>

<Copay> <\$00.00>
<\$>

<Special Instructions>

- Non-urgent health concerns
- After-hours care

Examples include:

- skin issues/rashes
- ear aches
- fever
- cold/flu symptoms
- sore throat



<Physician Office>

<Copay> <\$00.00>
<\$ \$>

<Special Instructions>

- Scheduled care
- Traditional office hours
- Non-Urgent, routine, follow-up and/or preventative care



<Retail Clinic>

<Copay> <\$00.00>
<\$ \$>

<Special Instructions>

- Unscheduled care which requires attention and cannot wait for an appointment with your physician
- Extended and/or retail hours

Examples include:

- skin issues/rashes
- earaches
- fever
- cold/flu symptoms
- sore throat



<Urgent Care>

<Copay> <\$00.00>
<\$ \$ \$>

<Special Instructions>

- Unscheduled care which requires prompt attention and can't wait for an appointment with your doctor
- Extended and/or non-traditional hours

Examples include:

- sprain
- infections
- skin issues/rashes
- ear aches
- fever
- flu



<Emergency Room>

<Copay> <\$00.00>
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<Special Instructions>

- Unscheduled care requiring immediate attention
- Conditions that, if left untreated, may be life-threatening

Examples include:

- chest pain
- major injuries
- coughing up blood
- trouble breathing
- sudden change in mental status, alertness, confusion
- poisoning
- suicidal/homicidal thoughts

911 EMERGENCY REMINDER

ALWAYS DIAL 911 IMMEDIATELY IN AN EMERGENCY OR POTENTIALLY LIFE THREATENING SITUATION.

Contact Us

1-800-634-0173 | www.jpfarley.com | benefits@jpfarley.com